

Construction News Bi-Weekly Project Update  
June 12, 2017 – June 25, 2017



**Rehabilitation of Bridge No. 00163A, I-95 over West River and State Route 745 in the Towns of West Haven and New Haven**

**INSIDE THIS NEWSLETTER:** Interstate Impacts/Local Road Impacts/Potential Vibration/Noise Construction Activities/Site Progress Photos/Work Zone Safety Tips

**INTERSTATE IMPACTS:**

- Repair of Metal Beam Rail and Potholes on I-95 NB and SB at Night

**SEA STREET IMPACTS:**

- Installation of new driveways at CT DOT Maintenance Facility and Greenwich Avenue
- Excavation and grading along north side of Sea Street

**LOCAL ROAD IMPACTS:**

- I-95 Median Roadway and Electrical Work.
- Pouring Concrete for the Substructures of New Bridge No. 163 over the West River
- Removal of Portions of the Temporary Work Trestle for Bridge No. 163
- Work on Mitigation Area off Compost Road
- Jacking of Stage 3 Structural Steel for Bridge No. 163. This will involve Kimberly Ave. detour the week of June 19, 2017 between the hours of 6:00 p.m. and 6:00 a.m. See attached Press Release and detour map.

**POTENTIAL VIBRATION/NOISE CONSTRUCTION ACTIVITIES:**

- Daytime activities that may create vibrations and/or noise are scheduled to occur throughout the period from Monday, June 12, 2017 to Sunday, June 25, 2017.



## **SUMMERTIME SAFETY TIPS**

**Buckle Up. Every Trip. Every Time.** All passengers must agree to wear their seat belts every time they are riding or driving in your vehicle. Set the example by always wearing your seat belt.

**Stop along the way** to take a group stretch, get something to eat and drink, return any calls or text messages, and change drivers if you're feeling tired or drowsy. Consider staying overnight at a hotel or family resort.

**Resist the urge to check your phone.** Keep your eyes on the road, hands on the wheel, and concentration on the task of driving. No one's lives—neither your passengers nor any other road users—are worth a phone call or text. And remember, law enforcement officers across the Nation are now using innovative strategies to aggressively enforce their State distracted driving laws.

**Heatstroke can occur** when a child is left unattended in a parked vehicle. Remember:

- Never leave a child alone in a parked car, even with the windows rolled down, or air conditioning on. Children's body temperature can heat up 3 to 5 times faster than adults.
- Always look in both the front and back of the vehicle before locking the door and walking away.
- Heatstroke can occur in temperatures as low as 57 degrees. On an 80-degree day, temperatures inside a vehicle can reach deadly levels in 10 minutes.
- Always lock your vehicle doors and trunk and keep the keys out of a child's reach.
- Learn more at [safercar.gov/heatstroke](http://safercar.gov/heatstroke).

**Regular maintenance** such as tune-ups, oil changes, battery checks, and tire rotations go a long way toward preventing breakdowns. If your vehicle has not been serviced according to the manufacturer's recommendations, schedule a preventive maintenance checkup with your mechanic right away.



## **PET SAFETY**

Skin cancer is the most common form of cancer in dogs and the second most common in cats. Even though fur provides some protection from the sun, you should apply a pet sunblock every 3 to 4 hours to the least-hair-covered spots: bellies on dogs (especially ones who like to lie on their backs) and ears and around eyes on cats, which are also areas where malignant tumors are likely to show up. (No need to apply sunscreen directly on fur.)

### Limit exercise on hot days

Take care when exercising your pet. Adjust intensity and duration of exercise in accordance with the temperature. On very hot days, limit exercise to early morning or evening hours, and be especially careful with pets with white-colored ears, who are more susceptible to skin cancer, and short-nosed pets, who typically have difficulty breathing. Asphalt gets very hot and can burn your pet's paws, so walk your dog on the grass if possible. Always carry water with you to keep your dog from dehydrating.



### Don't rely on a fan

Pets respond differently to heat than humans do. (Dogs, for instance, sweat primarily through their feet.) And fans don't cool off pets as effectively as they do people.

### Provide ample shade and water

Any time your pet is outside, make sure he or she has protection from heat and sun and plenty of fresh, cold water. In heat waves, add ice to water when possible. Tree shade and tarps are ideal because they don't obstruct air flow. A doghouse does not provide relief from heat—in fact, it makes it worse.

### Cool your pet inside and out

Whip up a batch of quick and easy DIY peanut butter popsicles for dogs. (You can use peanut butter or another favorite food.) And always provide water, whether your pets are inside or out with you. Keep your pet from overheating indoors or out with a cooling body wrap, vest, or mat (such as the Keep Cool Mat). Soak these products in cool water, and they'll stay cool (but usually dry) for up to three days. If your dog doesn't find baths stressful, see if she enjoys a cooling soak.

### Watch for signs of heatstroke

Extreme temperatures can cause heatstroke. Some signs of heatstroke are heavy panting, glazed eyes, a rapid heartbeat, difficulty breathing, excessive thirst, lethargy, fever, dizziness, lack of coordination, profuse salivation, vomiting, a deep red or purple tongue, seizure, and unconsciousness.

Animals are at particular risk for heat stroke if they are very old, very young, overweight, not conditioned to prolonged exercise, or have heart or respiratory disease. Some breeds of dogs—like boxers, pugs, shih tzus, and other dogs and cats with short muzzles—will have a much harder time breathing in extreme heat.

### How to treat a pet suffering from heatstroke

Move your pet into the shade or an air-conditioned area. Apply ice packs or cold towels to her head, neck, and chest or run cool (not cold) water over her. Let her drink small amounts of cool water or lick ice cubes. Take her directly to a veterinarian.



STEEL LAUNCHING OPERATION

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The Connecticut Department of Transportation is working to inform local residents of current and upcoming construction activities through bulletins such as this. For additional information on this Project and other Projects, please visit the Connecticut Department of Transportation Project website: ([www.i95westriver.com](http://www.i95westriver.com)). Please feel free to contact [jean.streeto@ct.gov](mailto:jean.streeto@ct.gov) any questions, concerns or to add your contact information to our distribution list.